

PATIENT HISTORY OF CONDITION

Today's Date: _____/20____

| | | | | | |
|--|-------|--|-----------------|--------------------|-------------|
| Title | | First Name | | Last Name | |
| <input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Ms. <input type="checkbox"/> Dr. | | | | | |
| Street Address | | | City / Province | | Postal Code |
| | | | | | |
| Telephone (home) | | Telephone (cellular) | | Telephone (work) | |
| | | | | | |
| Date of Birth (Month Day Year) | | Who referred you to our office? | | | |
| / / | | | | | |
| May we contact your doctor for additional information if necessary? | | <input type="checkbox"/> Yes <input type="checkbox"/> No | | Doctor's Name: | |
| | | | | | |
| Height | in cm | Weight | lb kg | Neck Circumference | in cm |
| | | | | | |
| Email address | | @ | | | |

| | | | | | |
|--|--|--|-----------------|------------------|-------------|
| Person Responsible for Account | | <input type="checkbox"/> Same as above | | | |
| Title | | First Name | | Last Name | |
| <input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Ms. <input type="checkbox"/> Dr. | | | | | |
| Street Address | | | City / Province | | Postal Code |
| | | | | | |
| Telephone (home) | | Telephone (cellular) | | Telephone (work) | |
| | | | | | |

Please note:

The information contained in this form is confidential and will not be released without your written authorization.

| | | | | |
|--|---|-------|------|--|
| What is your main concern today, what brings you to our office? Please describe as best you can. | | | | |
| When did the symptoms first appear? How long have they been present? | <input type="checkbox"/> <3 months <input type="checkbox"/> 3-6 months <input type="checkbox"/> 6-12 months <input type="checkbox"/> > 12 months | | | |
| Are the symptoms worsening with time? | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |
| Are your symptoms always present? | <input type="checkbox"/> No <input type="checkbox"/> Yes (Explain) | | | |
| What treatment(s) have you had to date? | | Month | Year | |
| | | Month | Year | |
| | | Month | Year | |
| | | Month | Year | |
| | | Month | Year | |
| Did any of these treatments help? Please explain. | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |
| Do you experience headaches? | <input type="checkbox"/> No <input type="checkbox"/> Yes When? <input type="checkbox"/> on waking <input type="checkbox"/> mid-day <input type="checkbox"/> in the evening <input type="checkbox"/> at night <input type="checkbox"/> all day long | | | |
| Where do they occur? | <input type="checkbox"/> over the eyes <input type="checkbox"/> forehead <input type="checkbox"/> temples <input type="checkbox"/> side of head <input type="checkbox"/> base of skull <input type="checkbox"/> neck | | | |
| Do they occur on one or both sides? | <input type="checkbox"/> left side <input type="checkbox"/> right side <input type="checkbox"/> both sides | | | |
| Are your headaches preceded by an aura? | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |
| Do your headaches spread to other areas? | <input type="checkbox"/> No <input type="checkbox"/> Yes | | | |
| How often do you have headaches? | <input type="checkbox"/> Never <input type="checkbox"/> daily <input type="checkbox"/> weekly <input type="checkbox"/> monthly | | | |

| | | |
|--|--|--|
| Please list all medications/drugs including herbal and recreation that you are currently using. If you have a printout from your pharmacy please let us know so that we may make a copy for your file. Please list each on a separate line. Use the reverse of this page if you require more room. | | |
| | | |
| | | |
| | | |
| Please list any medical conditions you have been medically diagnosed with or are under treatment for. | | |
| Do you have a family history of stroke or brain aneurisms? | <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| Are you currently taking an SSRI type antidepressant medication? (Celexa, Lexapro, Prozac, Paxil, Peveva, Zoloft, Vilazodone etc.) | <input type="checkbox"/> No <input type="checkbox"/> Yes Which One? | |
| | Other antidepressant? Which One? | |
| | How long have you been taking this medication? | |
| Have you had your tonsils/adenoids removed | <input type="checkbox"/> No <input type="checkbox"/> Yes At what age were you when they were removed? | |
| Do you breathe through your mouth | <input type="checkbox"/> No <input type="checkbox"/> Yes, when awake <input type="checkbox"/> Yes, when asleep <input type="checkbox"/> Yes, all of the time | |
| Have you been told you snore? | <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| Do you ever wake gasping or choking? | <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| Has your bed partner ever told you that you stop breathing in the night? | <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| Have you ever had an overnight sleep study conducted in a sleep lab? | <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, when and where? | |
| How you been diagnosed with sleep apnea or UARS (upper airway resistance syndrome)? | <input type="checkbox"/> No <input type="checkbox"/> Yes | |

Men: what is the chance of you dozing off when you are?

Women: what is the chance of you feeling sleepy when you are?

| | No Chance | Slight Chance | Moderate Chance | High Chance |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| Sitting and reading a book? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Watching TV? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sitting in a public place (theatre, meeting etc.) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| As a passenger in a car for an hour without a break? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Lying down in the afternoon when circumstances permit? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Sitting quietly after lunch without alcohol? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| In a car, when stopped for a few minutes in traffic? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Total:

| | |
|---|---|
| How often do you chew gum? | <input type="checkbox"/> Never <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Monthly |
| Do you have pain in your jaw joints when opening wide or chewing? | <input type="checkbox"/> No pain <input type="checkbox"/> Left side <input type="checkbox"/> Right side <input type="checkbox"/> Both sides |
| Does your jaw click or pop when opening or closing? | <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Left side <input type="checkbox"/> Right side <input type="checkbox"/> Both sides |
| Has your jaw ever locked wide open where you could not close? | <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Left Side <input type="checkbox"/> Right Side <input type="checkbox"/> Both sides |
| Has your jaw ever locked closed where you could not open? | <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Left side <input type="checkbox"/> Right side <input type="checkbox"/> Both sides |
| Do you experience pain in your neck? | <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Left side <input type="checkbox"/> Right side <input type="checkbox"/> Both sides |
| Do you experience pain in your shoulders? | <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Left side <input type="checkbox"/> Right side <input type="checkbox"/> Both sides |
| Are your teeth sensitive to hot, cold or sweet? | <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> Upper Left <input type="checkbox"/> Upper Front <input type="checkbox"/> Upper Right <input type="checkbox"/> Lower Left <input type="checkbox"/> Lower Front <input type="checkbox"/> Lower Right |
| Do your teeth ache without reason? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| Are you prone to sinus infections? | <input type="checkbox"/> No <input type="checkbox"/> Yes |

