

## INFORMED CONSENT

**Proposed Treatment:** Treatment with a Luco Hybrid OSA Appliance for sleep bruxism

**Expected Benefits:** A significant reduction in symptoms associated with sleep bruxism Associated Risks:

**Discomfort in the teeth and jaws:**

It is common for there to be mild sensitivity of the teeth for the first day or two, until the device begins to work. Jaw muscles initially try to overcome the positioning but rapidly recover and relax. Muscle pain, if it occurs, usually subsides by the third night.

**Shifting of Teeth:**

Because sleep bruxism places considerable force on the teeth, reducing this pressure often results in the spaces between the teeth becoming less tight. Lower front teeth can sometimes shift but this is rare. If there has been advanced periodontal bone recession, this risk is higher.

**Aspiration/Swallowing:**

It is highly unlikely you will aspirate this device or swallow it

**Cavities/Gum Disease Risk:**

It is imperative that exceptional oral hygiene be maintained when using this device. If food particles are left between or around the teeth, cavities and /or gum disease can occur. We recommend daily flossing with the use of an electric tooth brush, as well as 6 month dental checkups. This will ensure your teeth are healthy for your lifetime.

**Large Fillings/Crowns:**

If you have large older fillings, inserting and removing the device could potentially dislodge one of these fillings. The same is true for older crowns. This is rare and, if you place and remove the device as shown, should not run into this problem.

**Consent:**

I, \_\_\_\_\_, understand the risks outlined above associated with this treatment. I also understand there may be other risks not listed. I understand that I am responsible for all costs of this treatment. With this knowledge, I consent to Dr. Luco treating me with a Luco Hybrid OSA Appliance®.

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Signature

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Date

\_\_\_\_\_  
Witness

\_\_\_\_\_/\_\_\_\_\_  
Date